



NORTH STAR  
ACADEMY LAVAL

Your Success,  
Our Priority.

GRADES 7 TO 12



# Making learning meaningful for today's generation



**Our students are highly motivated learners** because they are given incredible opportunities to experience real-life learning, bridging the gap between theory and practice. Our faculty brings the world to our students and our students out into the world through our diverse Signature Academic Programs, Student Life Events and Community Connections. Offering Grades 7-12, we provide a rich, contemporary, private-school education that develops students into contributing and connected members of the community.

We are your private school, in your community, for your child.



## Ethos

Fostering knowledge, courage, compassion, strength and integrity.



## Mission

Prioritizing each student each day, we seek to create an equitable school environment ensuring that each student is fully respected and respects others. Each student is given the tools to be a lifelong learner and is taught to function as a productive member of society, thereby becoming a global citizen of honor and self-discipline who is committed to positive and innovative thinking.



## Vision

We teach not only for school but for life.

**No certificate of eligibility is required** due to the fact that although we follow the Quebec Ministry of Education programs, the government does not subsidize us.





Building positive relationships

Varying the curriculum to meet advanced learner's

Setting goals to enhance performance

Keeping class sizes small

Signature Academics, Student Life and Community Connections

Innovating our approaches to always deliver the best

Connecting with the community through real-life experiences

Customized learning and programs for every students' needs

Using technology to enhance our teaching and learning

Providing opportunities to grow locally and internationally

# Cornerstones — for — Success



# North Star Academy Laval: The Right Choice for Your Family

**N**orth Star Academy Laval is the only private English high school on the North Shore. We pride ourselves in our 21st century teaching methods. Students are greeted as they walk into school, with pen, pencil or tablet in hand, ready to learn in so many diverse ways. We are known for our small class sizes, Signature Programs, individualized learning and strategies that guide students to develop at their own pace, within high academic standards. Our online system allows you to stay connected at home, knowing when homework and projects are assigned, when results are posted, upcoming events and easy access to reach each of us at all times. Our head of school believes in the "Circle of Success" where students, parents, teachers and the administration unite to help each student reach their full potential.

Bringing the world to our students is a key focus at the Academy. Through diverse extra-curricular activities, contests, educational outings, guest speakers, volunteer opportunities, and travel—students learn to become active citizens in their community.

We offer cutting-edge educational programs that distinguish our school from the rest. Our students are no longer homogeneous in terms of their abilities and the manner in which they learn; instead, they are exposed to a multitude of information made available to them from a variety of resources. In turn, students are more likely to internalize the information being presented to them, as they engage with the curriculum through various outlets helping them solve complex, authentic problems that cross disciplinary boundaries. The Academy is committed to use learning tools that will provide structure and a collaborative learning environment for all our students.

• **Safe and secure**—knowing your child is in good hands in high school is the peace of mind our parents benefit from at our school.

• **Engaging them in class**—from clear goals to differentiated curricula and teaching strategies—our faculty work endlessly to make learning enticing for each type of learner.

• **Each student, each day**—Inclusion and personalized attention in a small class setting with a faculty team approach to educate each student in every grade.

• **Partners in education**—parents are our partners, we have a simple to use communication system, call, email or message us. We know that it takes a team to help guide a 21st Century Teen towards adulthood.

• **Enrich their lives**—from local volunteering to travel in Canada and abroad, our students experience a taste of the world through various lenses as they continue to grow and learn about themselves in these key years of their lives.

• **Give them an edge**—Receive valuable insights from our faculty and guest speakers.

• **Keeping them motivated**—Opportunities that keep students engaged abound. Weekly extra-curricular activities in-house; guest speakers who make connections between learning and earning; volunteering and community visits; and competitive contests ensure there is something for everyone.

#### Proud winners of:

- Speak Up Montreal
- Hydro Quebec Regional Science Fair:  
*Great Distinction Award, and McGill University's Mechanical Engineering Award*
- Top Ranking in the Waterloo Math Contest
- Mouvement parlons mieux finalist
- Jeunes Auteurs Contest
- Santhei Film Festival: *8 nominations, and won for Best Actress, Best Supporting Actress, Best Actor, Best Editing.*



# Student Life— Signature Programs

**O**ur **Signature Programs** encompass a wide variety of activities such as academic contests, guest speakers, sports leadership, community activism and more! The activities are weaved into the day-to-day teaching, bring school spirit and are an integral part of student's social development. These opportunities include a blend of tradition, choice and social responsibility development. High school is a time of rapid change and growth and teens feel strongly about many topics, often wanting to make a change or positive impact. There are many opportunities at NSAL for our students to develop their community connections and social activism interests. We encourage and are always open to new initiatives and ideas that motivate our students to do more.

## The House System

Membership in Houses fosters leadership amongst the students. House participation gives students a sense of pride in their school, a role in the community, offers mentoring opportunities and builds close personal relationships between students in higher and lower grades. Inter-House competition encourages school participation in all aspects of school life: academics, athletics, arts and cultural activities, as well as community service.

Students join one of five House teams and remain with their House until graduation. Siblings who subsequently join the school also join the same House as their sibling(s). House team names are aligned with our Ethos: Knowledge, Courage, Compassion, Strength and Integrity.



## A Sense of Community

North Star Academy Laval seeks to create well-educated individuals who become active citizens of the world—starting with the communities around them. As part of this element of learning, students are required to complete a minimum of 20 hours of community service.

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**Community Service encourages students to become engaged citizens by: teaching values of commitment and responsibility, contributing to the school and the community at large, building knowledge and understanding of the community, and developing a sense of pride that a good deed has been done.**  
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## Extra-Curricular Activities

North Star Academy Laval offers a diverse Extra Curricular Activities program. The choices of E.C.A.s mirror the academy's cohort of students from all levels. Letting each individual submerge themselves in their field of interest. Lead by one of our faculty members or community partners, students select from a wide range. From Performing Arts, Athletic interest to Agricultural and Environmental Sciences, each student grows in their own unique way, giving them the opportunity to further develop communication skills, time management and to be valued as part of a distinguished group.



**Below is a list of ECAs offered in the past. Each year we offer many ECA choices based upon both student and faculty interest.**

- 5 Star Gold Show
- Artist Club
- Basketball Team
- Chess Club
- Choir
- Cross-Country
- Dancing with the Stars
- Fillactive
- Filmmaking
- Gourmet Club
- Grad Committee
- Me to We
- Ping Pong Club
- Track & Field
- Volleyball Team
- WEG ( Wildlife Environmental Group)
- Yearbook & Photography club



# Academics

**N**orth Star Academy Laval's curriculum provides a broad selection of courses allowing interdisciplinary learning that joins the traditional STEM disciplines of Science, Technology, Engineering and Math with the Arts.

Our rigorous, but supportive curriculum challenges students to complete a variety of activities, in and out of school, to be evaluated in a variety of ways that go beyond classroom tests and to showcase strengths, abilities and develop interests that go beyond the four walls of a classroom.



These courses offers college and university-level subjects for secondary students. The AP program allows students to participate in a college or university level course while still in secondary school. It is recognized for advanced credit or advanced placement in many Canadian and American universities and colleges.

**Courses offered:**

- Calculus
- Chemistry
- English Literature
- World History
- Biology
- French Literature
- Physics

**Academic Advisor**

North Star Academy Laval recognizes the value of excellence in academic advising. Each student is guided from "Admissions to Graduation." Through our unique conferencing, student's receive one on one meetings, building a collaborative relationship with the academic advisor in order to assist the student in developing meaningful educational goals that are consistent with personal interests, values and abilities.



# Athletics



## **Sports Concentration Program**

North Star Academy Laval's Sport Concentration program allows students the opportunity to participate in a range of sports, further their leadership skills, and helps promote a healthy lifestyle. Our aim is to forge unbreakable bonds between teammates and to teach the importance of teamwork, humility, and self-discipline leaving behind a lifelong habit beyond their high school years.

## **Elite Athlete Program**

We provide our student athletes with a supportive environment, as this will enable them to succeed academically while pursuing their athletic careers. We also provide them time to work on their school assignments and to access remedial help when required. Students enrolled in the program must also meet criteria respecting level of ability and training.

## **Soccer Development Program**

NSAL also offers a Soccer Development Program with École de Soccer RP. Regardless of ability or age, students can develop their potential in soccer activities, at recreational, competitive or elite levels. Members of the soccer program will learn and develop under Rocco Placentino; A renowned Canadian International soccer player, playing for several clubs in Italy, Canadian National U20-U23 and our local Montreal Impact.

## **Somang-NSAL Hockey Development Program**

North Star Academy Laval is proud to be part of the Somang Hockey Development Program. Somang-NSAL Hockey prides itself in developing skilled hockey players who travel the world to participate in specialized camps, schools, programs and leagues in Canada, the United States, Europe and Asia.

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**Members of the hockey program benefit from the opportunity to learn and develop under one of the best technical coaches in North America—Francois Landreville. With a multitude of games and practices, these teams are a growing force in the hockey world.**  
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Hockey player students are supported at North Star Academy Laval with a flexible schedule and after school tutoring available each day for them to keep up with their studies.

# Music

Keyboards



Piano



Voice



Percussion



Drums



Electric Guitar



Bass Guitar



Acoustic Guitar



## Music Concentration Program

Students with a keen interest in music can benefit from the music concentration program by deepening their knowledge and skills. Both highly advanced and absolute beginners will appreciate this opportunity. The mechanics of music and history of musical development will come alive through performing familiar tunes, current favorite songs and innovative, unique pieces.

# Technology

**W**ith today's fast paced advances in technology, North Star Academy Laval students use technology in a variety of contexts for many purposes.

Faculty and students use cloud-based resources, including Google classroom, for online-shared notes, assignments, and assignment submission.

The Academy believes strongly in the power of technology and works to instill responsible practices in each of our students.



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From	Time	Distance
Fairview Pointe-Claire	16 min.	16 km
Centropolis	13 min.	5 km
Place Vertu	15 min.	12 km